**Introduction To Peer Mentoring Transcript**

Hello we’re Graeson & Clair from the Strong & Capable Co-operative.

Strong & Capable is owned and run by people with lived experience with disability, people who have come together to use their knowledge and experiences to help more people navigate life with disability and the NDIS.

And we’re excited to introduce you to our Peer Mentoring Program.

We match people by shared interests and characteristics, using a secure platform.

We help people with disability make new connections, learn new skills and lead the life they want (or have some fun).

Mentoring is a mutually valuable opportunity to share your time & indulge in your interests & make a genuine connections.

We believe in the power of community and we have an unwavering commitment to create opportunities for our members to connect, grow and learn and be stronger together.

If you would like to belong to a community united by disability who are determined to break down stigmas and barriers to create and lead a life you want, then become a member today.